

Activity No. : 1

Subject / Theme : Developmental Activities

Title : Basic Development - I

Social Development : Activity 1

- Encourage your child to help you with household work.
 - Safe and easy household work.
- Eg.: Taking your child's help in laying the table for dinner.
- Eg.: Dough Kneading

Social Development : Activity 2

- Let us teach the child to keep his / her belongings back in their proper place after use.
- Any toy, crayon, etc. that the child uses, encourage the child to organize his belongings after use in a neat and tidy way.

Social Development : Activity 3

- Let us teach our children to stay safe.
 - Keeping our hands off DANGER ZONES
 - Doors, Windows, Etc. are danger zones, we must stay clear of these areas and also ensure we are not keeping our hands on any door/window edges.
 - Staying Safe with Peers
 - We must teach our children to stay safe with their peers. Habits like PUSHING, SNATCHING, BITING, HITTING, Etc. are a strict NO.

Fine Motor Development : Activity 1

- Let us do some fun fine motor development activities.
 - Scribbling :
 - Give some crayons and blank sheets to your child and let the child scribble.

Activity No. : 2

Subject / Theme : Env. Sc.

Title : Theme Based Activities - I

Activity 1 : Nature Walk

- Instructions
 - Take your child for a walk to the nearby park. Talk to your child about the weather, neighbourhood, flowers, birds etc.
 - Discover new things with your child related to the environment. (Leaves, Flowers, Etc.)

Activity 2 : Sponge Water Game

- Materials : Sponges, 2 tubs (One full of water and other one empty)

- Instructions
 - Place few sponges and 2 tubs, one full of water, and the other empty.
 - Tell your child to soak the sponge in water and squeeze the water into the empty tub.

Activity 3 : Simon Says / Mummy Says

- Instructions
 - Tell your child that you will give instructions for him/ her to follow.
 - Tell him/her to listen carefully and follow instructions exactly.
 - Start the game with "Simon says, put your finger on your chin."
 - Continue the game by giving more instructions.

Activity 4 : Body Parts

- Play the "Where is your..." body part game with your child regularly
 - Ask the child, "Where is your Nose ? "
 - Or "Touch your Nose", "Touch your Eyes", Etc.
 - Point to your Nose, the child will copy you.
 - Now mention another body part, "Where are your eyes ?"
 - Or "Touch your Ears"
 - Slowly cover all easy body parts with the child.
 - The child will eventually learn to listen and identify his / her body parts.
 - Parts you can cover
 - Eyes, Ears, Nose, Mouth, Hands, Feet,
 - You may also include body gestures, like :
 - Roll your hands, Jump, Etc.