

Activity No. : 1A

Subject / Theme : Well Being

Title : Working on our vacation routine

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### **TV Time**

Let us ensure that TV / Mobile Phone / Computer time is minimized for our children. Activities that involve physical exercise are recommended over TV Time.

However, in case of TV Time, let us focus our energies into watching the following channels :

- National Geographic (Nat Geo English)
- Discovery (English)
- Discovery Kids (English)
- Animal Planet
- Epic

### **Social Development**

Let us ensure our children use magic words on a regular basis. Be a role model for our children and use these words yourself as well around our children. Magic words like : Please, Thank You, Sorry, Etc.

Also, greeting/wishing each other is another habit which we should inculcate in our children.

### **Outdoor Activities**

Involve your child in some outdoor games like :

- Hide and Seek
- Kho Kho
- Etc.

### **Care and Concern**

Develop a culture of looking after family members on a regular basis. Looking after our Grandparents, Parents, Siblings, Etc.

Helping our family around the house with their tasks.

Respecting every individual around in and outside the house.

Involve the child in cleaning activities (Setting, Tidying, and Arranging Activities) of the house.

### **Plants around us**

- Adopt a small plant in your neighborhood area or a get a small potted plant at home.
- Water it regularly with your child. Guide you child to water it on a daily basis.

Activity No. : 1B

Subject / Theme : English

Title : Alphabet

**Did you know :**

- The most commonly used letter in the alphabet is E
- The least used letter in the alphabet is Q
- If you try to say the alphabet without moving your lips or tongue every letter will sound the same
- The word 'rhythm' is the longest word without a vowel
- The letter W is the only letter in the alphabet that has 3 syllabus

**Task 1 :**

- So, let us revise and practice small letters once each week in a 4 line notebook.

**Task 2A :**

- Let us also learn a new English word every Sunday. Make a scrap book with the word you learnt and an associated picture on each page.

**Task 2B :**

- Encourage the child to communicate in English to refine his/her Communication Skills, Please keep a track of how often your child communicates in English by giving him/her a star in the REWARD CALENDAR.

<b><u>Daily Communication Calendar</u></b>						
<b><u>Let us work on our English Conversation Skills</u></b>						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**Task 3 :**

- Pick any picture book (or story book) of your choice and read it aloud with your child.
  - Prepare this story for a Story Telling Session in your class when the school re-opens.
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Activity No. : 1C

Subject / Theme : All

Title : Academic Refresher

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- Do revision of “at” and “an” family words.
- Do revision of HINDI VYANJANS done in the class.

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- Practice oral counting from 1-30
- Practice written counting from 1-20
- Do page 3, 4, 42 in My Orange Book.
- Do page 10, 11, 13 in English Phonics Book.
- Do page 4, 25, 27, 31 in EVS Book (World Around Me).