

Activity No. : 14A

Subject / Theme : Theme Based Activities

Title : Fun Games

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**Game #1 : Let us be Bubbly**

Making bubbles is really easy and so magical.

All you need is :

1. A short piece of wire.
2. Half a teaspoon of washing powder or detergent.
3. A cup of water.

Method :

Step 1 : Make a loop in the wire.

Step 2 : Prepare a soap solution by mixing the detergent in the water.

Step 3 : Dip the loop in the soapy solution and blow into the loop from a distance. See the bubbles grow into rainbow globe.

**Game #2 : Treasure Hunt**

- Material Required : Small toys, books, etc.
- Instructions : Hide different objects like small toys, books, or any other object around the house. Give your child clues or draw a map that leads to the treasure.

**Game #3 : Nature Walk**

- Instructions : Take your child for a walk to the nearby park. Talk to your child about the weather, neighbourhood, flowers, birds, etc. It can be a good communication, bonding, exploring, and discovering activity for your child.

**Game #4 : Sponge Water Game**

- Materials : Sponges, 2 tubs (One full of water and other one empty)
- Instructions : Place few sponges and 2 tubs, one full of water and the other empty. Tell your child to soak the sponge in water and squeeze the water into the empty tub.

**Game #5 : Circle Shapes**

- Material Required : Kitchen equipments
- Instructions : Allow your child to be with you in the kitchen. Call out a shape (i.e.: Circle) and see how many items of that shape your child can find in your kitchen. For example : plates, cookies, Jar lids, etc.

**Game #6 : Simon Says / Mummy Says**

- Instructions : Tell your child that you will give instructions for him/ her to follow. Tell him/her to listen carefully and follow instructions. Start the game with "Simon says, put your finger on your chin."
- Continue the game by giving more instructions.

**Game #7 : Trip to Vegetable / Fruit Market**

- Instructions : Take your child to the vegetable market. Talk to your child about the Community helpers like vegetable vendor, fruit vendor, vegetables, and fruits available during the summer season.

**Game #8 : Sand Play**

- Materials : Sand, Sand toys, water.
- Instructions : Let your child play in damp sand and create different objects.

**Game #9 : Sorting**

- Materials : Hair clips, bindis, bangles, toys, hair bands etc.
- Instructions : Ask your child to sort accessories like hair clips, bangles, bindis, hair bands or their toys according to the colour OR size OR shape, etc.
- You may do the same activity with Lentils (Dal). Eg.: Rajma, Chana, and other Lentils.
- Eg.: Mix 3-4 types of lentils and ask the child to separate them.

**Game #10 : Dough Kneading**

- When you are kneading wheat flour dough in the kitchen to make rotis, take a separate bowl for your child and ask the child to do what you are doing.
- When the child uses wheat flour and water to knead dough, ask the child to make small objects (like we do with clay) from the dough.
- This is a good activity to involve the child with kitchen work and develop his / her fine motors as well while you take care of your kitchen work.
- Please ensure that the child is not anywhere near fire / hot water / hot oil while in the kitchen. It is advisable to do this activity on the dining table.

Activity No. : 14B

Subject / Theme : Fun Activities

Title : Delicious Dish

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**Let us make a Yummy Oreo Shake**

Objective

- A thick milkshake with lots of Oreo cookies.

Ingredients

- 8 Oreos in sandwich bag crushed
- 4 scoops vanilla ice cream
- 2 cups milk
- Handful of ice

Process / Instructions

- Blend everything in a blender until smooth.
- Enjoy, Every Day !



Activity No. : 14C

Subject / Theme : Fun Activities

Title : Delicious Dish

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**Let us make a Fruity Summer Drink**

Objective

- An orange juice with ice-cream and orange slice.

Ingredients

- Orange juice
- Orange slice
- 1 scoop vanilla ice cream
- Handful of ice

Process / Instructions

- Blend everything in a blender until smooth. (Except the orange slice which is to be used as it is)
- Enjoy !



Activity No. : 15

Subject / Theme : Family Bonding

Title : Bonding Games

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Let us do some little things every day with our child.

- Give your child a hug & say "I love you."
  - Praise your child for even small positive deeds.
  - Talk to your child.
  - Count with your child.
  - Listen to music with your child. Sing rhymes with your child.
  - Pray with your child.
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Activity No. : 16

Subject / Theme : Family Bonding

Title : Bed Time Race

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- Time : 15 minutes
- Materials : Small Timer
- Directions :
  - Preschoolers love challenge, and you can use that to your advantage at bedtime.
  - Set a small timer for 15 minutes as a signal for your child to run for the bedroom
  - Change clothes, brush his/her teeth and hop into bed.
  - Your child wins if the timer has not gone off.
- Learning outcomes :
  - This fun loving activity will be an encouragement for children to understand the importance and value of time and to learn to do their work within the specified time.

Activity No. : 17

Subject / Theme : Language

Title : Making your home a place for reading

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Several tips to help parents of young children to promote reading at home.

- Choose a quiet time for reading to your child, as in before a nap, bedtime, or after dinner.
- Choose a special place for family reading, like a comfortable chair or pillow piled on the floor.
- Let your child select the book for you to read.
- Hold the book so that she or he can see the pictures. If possible, also let her or him turn the pages.
- Take time to look at and talk about the pictures. Don't just read the story, talk about it. Let your child point out the letters, shapes, colors and animals.
- Understand that reading begins at home. Children read their environments, so make your home a print rich environment.
- Read! Don't expect reading to be important to your children if they see that it's not important to you.
- Invite your child to read with you.
- Read aloud to / with your child every day.

Learning outcomes :

- Improvement of Vocabulary.
- Development of listening skills.
- To create a love of reading.
- Increase patience level.